Aquatic Integration for the Clinical Professional: Course B

**Aquatic Integration (AI):** is a holistic, therapeutic approach combining clinical with complimentary concepts in warm water. AI works to achieve optimal constructive rest for the patient/client utilizing the properties of water and the practical application of float placement. AI calms the nervous system and assists with bringing the patient/client into a safe place for containment and empowerment. AI facilitates release from emotional and/or physical trauma in the safety of a fluid environment. AI can be used as a technique for a full treatment or portions can be incorporated within another aquatic modality or treatment.

**Course Description:** This course is designed to learn additional holding techniques and positions for patient/clients in the water using various floats and movement patterns. Land and water time are given to incorporate Course A concepts/moves and learn additional material to invite change through AI concepts and principles. This course includes two hours of study group time. Completing this course is the second step toward becoming an Aquatic Practitioner.

**Prerequisites:**
1. Successful completion of AI4CP -- Course A
2. Complete 5 practice sessions
3. Received 2 or more personal sessions

**Heather Wuolle, COTA, CLT:** works at Vernon Memorial Healthcare in southwestern Wisconsin. She is a certified lymphedema specialist, who personally developed specific lymphedema aquatic programs. She enjoys everything to do with water, from boating, canoeing to relaxing by the view.

**Sarah Olson, PTA, Retired ATC:** works at Vernon Memorial Healthcare in southwestern Wisconsin. She has over 20 years’ experience in water including aerobics instructor at a military base. She keeps busy raising twin daughters, growing blueberries and working with her hands (crochet, quilting and spinning yarn).

**When:** Friday, May 1, 2020. 8:30 a.m. - 5:30 p.m.
   Saturday May 2, 2020. 8:30 a.m. - 5:30 p.m.
   Sunday May 3, 2020. 8:30 a.m. – 5:30 p.m.

**Continuing Education Units/Hours:** 24 CEUs
**Cost:** $600.00 per student
**Class size:** 6 students

**Where:** Vernon Memorial Healthcare – Aquatic Therapy Pool
507 South Main Street, Viroqua, WI 54665

**To Register:** Contact Heather Wuolle at Hwuolle@vmh.org or Sarah Olson atSolson@vmh.org

**Accommodations:** Students are responsible for their own transportation, lodging and meals/snacks. Towels provided. Student housing may be available on a first come first serve basis.